

***Family Externship, Level 1. Practice Models for Caring for Families with Competence, Confidence and Compassion***

September 21-25, 2009

Please complete this workshop registration form.

Name: \_\_\_\_\_

Institutional Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

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City, Country:

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Postal Code: \_\_\_\_\_ Email: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

**Tuition:** Full Fee: \$1250 Canadian (paid by cheque or international money order)

-Non-refundable deposit (deadline August 21, 2009) \$250

-Balance due (September 7, 2009) \$1000

The tuition fee includes a continental breakfast and lunch.

A full refund will be offered if the workshop is cancelled due to insufficient registration

**Location:** Predator Ridge Golf Resort (located near the town of Kelowna, British Columbia, Canada)

**Accommodation:** Predator Ridge Golf Resort <http://www.predatorridge.com> (See attached pdf to make your hotel reservation directly with the hotel)

Email your completed registration form to **Dr. Janice M. Bell** (email: [jmbell@ucalgary.ca](mailto:jmbell@ucalgary.ca))

Please send your registration cheque or international money order to:

Dr. Janice M. Bell  
P.O. Box 41047, RPO South  
Winfield, British Columbia  
Canada V4V 1Z7

Please email Dr. Bell if you have any questions. Thank you!

*Externship Level I – Practice Models for Caring for Families  
with Competence, Confidence, and Compassion  
September 21-25, 2009*

Kelowna, British Columbia (Venue: Predator Ridge Golf Resort)

TENTATIVE SCHEDULE

<i>Monday, Sept 21</i>	<i>Tuesday, Sept 22</i>	<i>Wednesday, Sept 23</i>	<i>Thursday, Sept 24</i>	<i>Friday, Sept 25</i>
<p><b>9:00 – 9:30 am Registration</b></p> <p><i>Continental Breakfast served</i></p> <p><b>9:30 – 12:00 noon</b> <b>RITUALS OF WELCOME</b></p> <ul style="list-style-type: none"> <li>• Introduction of Participants &amp; Faculty.</li> <li>• Practice models for caring for families</li> </ul>	<p><b>9:00 – 12 noon</b></p> <p><b>ILLNESS BELIEFS MODEL</b></p> <ul style="list-style-type: none"> <li>• Beliefs about illness &amp; families</li> </ul>	<p><b>9:00 am – 12:00 noon</b></p> <p><b>ILLNESS BELIEFS MODEL</b></p> <ul style="list-style-type: none"> <li>• <b>Macromove:</b> Creating a Context for Changing Beliefs.</li> <li>• <b>Macromove:</b> Distinguishing Illness Beliefs.</li> </ul>	<p><b>9:00 am - 12:00 noon</b></p> <p><b>ILLNESS BELIEFS MODEL</b></p> <ul style="list-style-type: none"> <li>• <b>Macromove:</b> Challenging Constraining Beliefs <ul style="list-style-type: none"> <li>- commendations</li> <li>- interventive questions</li> <li>- therapeutic letters</li> <li>- speaking the unspeakable</li> </ul> </li> </ul>	<p><b>9:00 am - 12:00 noon</b></p> <p><b>THERAPEUTIC CONVERSATIONS WITH FAMILIES (generalist practice).</b></p> <ul style="list-style-type: none"> <li>• Calgary Family Assessment Model</li> <li>• Calgary Family Intervention Model</li> </ul> <p>How to do a 15 minute (or less) family interview.</p>
<b>Lunch 12:00 – 1:00</b>	<b>Lunch 12:00 – 1:00</b>	<b>Lunch 12:00 – 1:00</b>	<b>Lunch 12:00 – 1:00</b>	<b>Lunch 12:00 – 1:00</b>
<p><b>1:00 – 4:30 pm</b></p> <p><b>THERAPEUTIC CONVERSATIONS with FAMILIES (advanced practice)</b></p> <p><b>ILLNESS BELIEFS MODEL</b></p> <ul style="list-style-type: none"> <li>• Overview of the model.</li> </ul>	<p><b>12:30 - 4:30 pm</b></p> <p><b>ILLNESS BELIEFS MODEL</b></p> <ul style="list-style-type: none"> <li>• Beliefs About Therapeutic Change</li> <li>• Beliefs About Clinicians</li> </ul>	<p><b>1:00 – 4:30 pm</b></p> <p><b>FAMILY INTERVIEW</b></p> <p><i>1:00 pm</i> Pre-session</p> <p><i>1:30 pm</i> Family Interview</p> <p><i>3:00 – 4:30 pm</i> Post Session Discussion</p>	<p><b>1:00 - 4:30 pm</b></p> <p><b>ILLNESS BELIEFS MODEL</b></p> <ul style="list-style-type: none"> <li>• <b>Macromove:</b> Strengthening Facilitating Beliefs</li> </ul> <p><b>TRINITY MODEL</b></p> <ul style="list-style-type: none"> <li>• <b>Interconnection between spirituality, suffering, and beliefs in the context of illness</b></li> </ul>	<p><b>1:00 pm – 3:00 pm</b></p> <p><b>CLOSING CONVERSATIONS WITH FAMILIES</b></p> <p>Closing Conversations about Practice, Research, and Education with Families</p> <p>Evaluation of Externship</p> <p><b>THE RITUAL OF GOODBYE</b></p>

# Stay & Play with us!

Predator Ridge is a full service Resort located in the heart of the Okanagan Valley, and only 15 minutes from Vernon. More than a golf resort, you will discover luxurious accommodation, spectacular golf, 3 outdoor pools, hiking trails, tennis/basketball court, a variety of dining options at our clubhouse & concessions, AVEDA Spa & Salon and a state-of-the-art fitness centre complete with indoor pool, full cardio gym & yoga room. Your accommodation choices are:

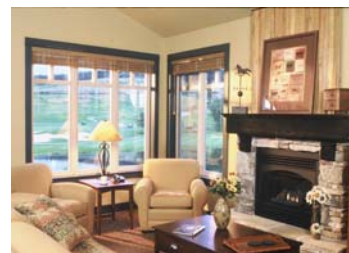


**Lodge Suite features include:**

Panoramic views of the golf course & hillsides 500 – 1100 sq feet of elegantly appointed space.

Studio, One & Two bedroom suites

Large jetted soaker tubs, kitchens, living areas with fireplaces, down duvets, soft pillows, plush bath robes, large balconies with teak lounges, outdoor pool & hot tub . Located in the village centre, a few steps to the clubhouse, AVEDA salon & spa, tennis court and fitness centre with indoor 25 meter lap pool.



**Cottage features include:**

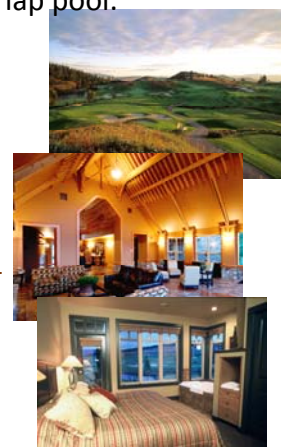
Excellent views of the fairways and lakes 1320 – 1500 sq feet of spacious casual elegance .

Two bedrooms, all with 3 bathrooms

Kitchens, great rooms with fireplaces down duvets, soft pillows, plush bath robes, balconies and patios, Each cottage district has its own outdoor pool & hot tub. Just a short walk to the first tee, clubhouse, AVEDA salon & spa , tennis court and fitness centre with indoor 25 meter lap pool.

**The place to play. The place to stay.**

**TO RESERVE YOUR ACCOMMODATION:**  
**Call: 1 888-578-6688 Fax: 250-503-3411**  
**Email: [reserve@predatorridge.com](mailto:reserve@predatorridge.com)**





## PREDATOR RIDGE

### Welcome

**Externship Level 1 — Practice Models for Caring for Families  
with Competence, Confidence, and Compassion  
September 21—25, 2009**

**We invite you to be our special guests and sample one of our  
luxurious accommodation units!**

**To book your accommodation, please fill out this form and**

**Fax to 250-503-3411**

**Call 1-888-578-6688**

**Email [reserve@predatorridge.com](mailto:reserve@predatorridge.com)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Email: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

#### Accommodation Choices:

\_\_\_\_\_ **Studio @ \$ 119.00 + taxes per night**

One queen bed and fully equipped kitchen

\_\_\_\_\_ **One bedroom Lodge Suite @ \$ 159.00 + taxes per night**

One bedroom with one queen bed and fully equipped kitchen

\_\_\_\_\_ **Two bedroom Lodge Suite @ \$ 199.00 + taxes per night**

Bedroom One: One queen bed OR king bed      Bedroom Two: King OR two twin beds

\_\_\_\_\_ **Two bedroom Peregrine Cottage @ \$ 269.00 + taxes per night**

Bedroom One: One queen bed OR two twin beds      Bedroom Two: Two twin beds

Arrival Date: \_\_\_\_\_

Departure Date: \_\_\_\_\_

No. in party:      Adults \_\_\_\_\_      Children \_\_\_\_\_

Payment Information:      **A non-refundable deposit of 25% is due at time of booking.**  
**Full Payment is due 30 days prior to arrival.**

Name on Credit Card: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiry Date: \_\_\_\_/\_\_\_\_

Cardholder Signature: \_\_\_\_\_